

Step 1: Am I Exempt?

If you hold a level 3 or 4 national qualification or a degree such as Sports Science, Physiotherapy and Osteopathy please go to Step 2.

If not please go to Step 3.

Step 2:

Accepted Prior Learning

Please email a copy of your certification showing the A&P module to markingadmin@nlssm.com

Even though you might meet the requirement for prior learning you're still encouraged to take the A&P exemption quiz as this will help to determine if there are any areas you may need to work on during your time on the course to bring yourself up to speed with the necessary information to fully grasp level 5 concepts.

You are invited to complete the A&P coursework paper as a review and have it corrected without charge.

Step 3:

If you do not meet the requirement of prior learning you have two options:

i. Option 1

You can complete the A&P paper located in your members resource section on the website. The submission and correction of this paper is free.

You will have access to this assignment as soon as you sign up to the diploma course and are encouraged to begin it as soon as possible.

It would be advantageous to you to have it completed prior to starting your Diploma so you can give your full attention to concentrate on the course itself.

You will be given access rights to submit your paper, through the NLSSM website, for marking seven priors before your first day of the diploma class. The assignment is due by the class title 'Advanced Positioning - Part 2 & New Techniques'. Please refer to your class calendar for the date in which this class takes place.

ii. Option 2

If you have never taken an A&P module NLSSM has put together an online video course, which is available to purchase and is only available for those that are enrolled in the Diploma course. This course has been designed to address what you will need to know as a soft tissue therapist based on the course requirements.

1. Visit this link to purchase the course: <https://learning.nlssm.com/courses/anatomy-physiology>

Anatomy and Physiology Paper Exemption Rules

It contains videos for each system followed by short quizzes at the end of each section to reinforce your learning. You also have an online Facebook forum dedicated to answering your questions and offering support.

You do NOT have to complete Anatomy & Physiology coursework assignment if you are enrolled on this course but will need to pass the final online quiz. Further instructions are given on the website once you have enrolled.

It is still recommended that you spend some time reading the coursework assignment to understand the sort of questions and information we would like you to well versed in.

Your final submission date is two months after the start date of your diploma class.

If you need to speak with someone about this information please feel free to call the office – 0208 885 6062